MONDAY

7:00 PM Mi Nueva Conecta

4833 Slauson Ave. Maywood, CA 90270 Spanish O P WC

7:00 PM Old Cleland Group

2241 North Eastern Ave. 90032

(LACP Church)

El Sereno, CA

English O P BS, WC, NS - (Last Monday Potluck/BS)

Gate Closes @7:05pm. Please call

323-572-4907 for access to opening gate

7:30 PM Welcome Home

115 S. Taylor Ave.

(Montebello City Park)

(Potluck on 1st Monday of Month)

Montebello, CA 90640

English OP, D, WC

TUESDAY

6:00 PM Women of Hope Stag Meeting

2808 Altura St.

(Church of the Epiphany)

Lincoln Heights. CA 90031

7:00 PM Mi Nueva Conecta

4833 Slauson Ave. Maywood, CA 90270

Spanish BS WC

English O P W

7:00 PM Keeping It Simple (KIS)

5326 E. Beverly Blvd.

(Bienestar Facility)

East Los Angeles, CA 90022

English BS

WEDNESDAY

6:30 PM Casa Maravilla Group

133 N. Sunol Dr. / 1st Street

(ELA Community Service Center)

(Meets on the 3rd Wednesday Only, In Person)

East Los Angeles, CA 90063

English O P NS WC

6:30 PM Circle of Life Meeting

4876 Gleason St.

East Los Angeles, CA 90022

English C P NS

6:30 PM Circle of Love

East Los Angeles, CA 90063

Zoom ID#3643520735 - PW:1953

7:00 PM Mi Nueva Conecta

4833 Slauson Ave.

Maywood, CA 90270

Spanish O P WC

7:30 PM The New Way of Life Meeting

115 S. Taylor Ave.

(Montebello City Park)

(Potluck 1st Wednesday of Month)

Montebello, CA 90640

English C P NS

THURSDAY

5:30 PM Recovery on the East Side

3217 N. Eastern Ave

(Impact Facility)

El Sereno, CA 90032

English O P NS

7:00 PM Keeping It Real

5326 E. Beverly Blvd.

(Bienestar Facility)

(Speaker 2nd / 4th Thursday of Month)

(Potluck Last Thursday of the Month)

East Los Angeles, CA 90022

English SP

7:00 PM Mi Nueva Connecta

4833 Slauson Ave.

Maywood, CA 90270

Spanish O P SP WC

FRIDAY

6:45 PM Atwater Just for Today Group 3367 Glendale Blvd. (Pathfinders Club House)

(Potluck/ Speaker 2nd Friday of the month) Atwater Village, CA 90039

English O P

Hybrid - Zoom ID#81418973748 - PW:839360

7:00 PM Mi Nueva Conecta

4833 Slauson Ave.

Maywood, CA 90270

Spanish O P CL WC

7:30 PM Friday Night Double Digit Speaker Meeting

130 W. Bruno St.

(Homeboy Industries)

Los Angeles, CA 90012

English O SP NS WC

SATURDAY

10:30AM Young At Heart Morning Meeting

2302 E. 2nd Street

(The House of Boyle Heights)

Boyle Heights, CA 90033

English O YP P SP

Zoom ID#2416251711 (No PW Needed)

12:00 PM Mi Nueva Conecta

4833 Slauson Ave.

Maywood, CA 90270 Spanish O P WC

7:00 PM Mi Nueva Conecta

4833 Slauson Ave.

Maywood, CA 90270

Spanish O P WC

SUNDAY

10:00 AM Sunday Morning Meeting

2518 West Beverly Blvd. @ Hay St.

Montebello, CA 90640

English SP

12:00 PM Mi Nueva Conecta

4833 Slauson Ave.

Maywood, CA 90270

Spanish O P WC

7:00 PM Mi Nueva Conecta

4833 Slauson Ave. Maywood, CA

Spanish JFT WC

7:30 PM City of Angels

2518 West Beverly Blvd. @ Hav

(Potluck/Speaker 1ST Sunday)

Montebello, CA 90640

English C SP N

Who is an Addict?

Most of us do not have to think twice about this question. WE KNOW! Our whole life and thinking was, centered in drugs in one form or another, the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or women whose life is, controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: Jails, institutions and death

What is the Narcotics Anonymous Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not, affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not, connected with any political, religious, or law enforcement groups, and or under no surveillance at any time. Anyone my, join us regardless of age, race, sexual identity,

creed, religion, or lack of religion. We are not interested in what or how much you used, or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how can we help. The new comer is the most important person at any meeting,

because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming, to our meetings regularly stay clean.

Why are we here?

Before coming to the fellowship of NA, we could manage our own lives. We could not live and enjoy life as other people do. We had to have something different and we thought we had found it in drugs. We placed their use ahead of the welfare of our families, wives, husbands, and our children. We had to have drugs at all cost. We did many people great harm, but most of all we harmed ourselves. Through our inability to accept personal responsibilities, we were actually creating our own problems. We seemed to be incapable of facing life on its own terms. Most of us realized that in our addiction, we were slowly committing suicide, but addiction is such a cunning enemy of life that we had lost the power to do anything about it. Many of us ended up in jail or sought help through medicine, religion, and psychiatry. None of these methods was sufficient for us. Our disease always resurfaced or continued to progress until in desperation we sought help from each other in Narcotics Anonymous. After coming to NA, we realized we were sick people. We suffered from a disease from which there is no known cure. It can however, be arrested at some point and recovery is then possible.

PHONE NUMBERS

Greater East Los Angeles Area Narcotics Anonymous Meeting Directory



SPRING 2023 GELA Helpline (323) 721-5504 www.greatereastlosna.com www.todayna.org (800) TODAY-NA (888) NA-AHORA

Now we know that time has come When that tired old lie. "Once an addict always an addict", will no longer be tolerated by; either society or the addict.

"We do recover"

MARCH 2023

AREA SERVICE COMMITTEES

Area Service Meeting:

4th Friday @ 6:00pm 2302 E. 2nd Street (The House of Boyle Hts.) Los Angeles, CA 90033

Activities Committee:

Last Sunday of the month @ 12:00pm (Ashiya Park) Montebello, CA 90640

Convention Committee:

1st Thursday of the month @6pm 115 S. Taylor Ave. Montebello, CA 90640

Hospitals & Institutions Committee:

Sub-Committee Meeting, Day, Time and Location to be Determined

Public Relations Committee:

Sub-Committee Meeting, Day, Time and Location to be Determined

Phone-lines Committee:

Sub-Committee Meeting, Day, Time and Location to be Determined

Website Committee:

For Information Contact: Lola: 213-908-3828

Literature Committee:

For Information Contact: Gilbert L. (Interim Basis): (323) 833-2056

Any information needed regarding Sub-Committee's, please contact the Chairperson of the Sub-Committee. The phone numbers are, listed under Area Service Committee Executive Body and Sub-Committee Chairs.

AREA SERVICE COMMITTEE EXECUTIVE BODY AND **SUB-COMMITTEE CHAIRS**

Chair: Sergio 213-725-6007 Vice-Chair: Hector C. 323-424-9488

Secretary: Vacant

Treasurer: Monique B. 323-272-7717 **RCM:** Sylvia M. 714-396-8590 **RCM Alternate:** Jose R. 323-599-7205

> **Hospitals & Institutions:** Mike V. 323-803-9009

Public Relations Coordinator:

Vacant

Phone-lines Coordinator:

Tonigirl 323-385-2601

Web Coordinator: Lola 213-908-3828

Literature: Vacant

Convention: Eva L. 310-817-9209 **Activities:** David M. 626-826-5079 **Archives:** Carlos S. 323-369-4941

CODES

OA – Questions/Answers BS - Book Study

C – Closed, addicts only CL - Candlelight

D - Discussion M – Men's Meeting

N - Newcomers

NS – Non-Smoking O – Open, all welcome

P – Participation

SP - Speaker ST – Step Study

T - Topic W- Women

WC - Wheelchair Access

YP - Young People